



PHILOSOPHY

Pasay City Academy (PCA) supports the Seventh-day Adventist Church in providing for its youth a balanced development of spiritual life, intellectual maturity, vocational skills, social attitude, and physical education. This is done in harmony with Adventist standards and ideals. It believes in God as source of all moral values and truth as written in His Holy book, the Bible.

PCA affirms the belief that students are children of God, their teachers are servants of God, and thus commissioned to follow after the mind and will of God. This knowledge of God is based on what is written in the Bible.

VISION

Maximizing the intellectual, social, spiritual, physical and leadership potentials of responsible and globally competent students of Pasay City Academy.

MISSION

Pushing the boundaries to equip students with lifelong learning skills through intensive and intentional programs and activities that are harmonious with the Adventist international educational system.



**A SEASON FOR A REASON:
PCA Year-End Party**

*Transformed In Christ:
Week of Spiritual Emphasis*

*Lead Like Jesus: Leadership Camp
Care group Festival*

*Chronicles Team
SSG Officers*



CHRONICLES

The Official Newsletter of Pasay City Academy
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ABOUT US

We at *Chronicles* shall provide true and remarkable news and events happening inside Pasay City Academy. Our logo represents a flaming light in gray, red and gold pattern that symbolizes our burning passion to carry light and guidance to every issue we release for the students of Pasay City Academy, holding in our hearts the mission to give excellence and proper journalism.



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ABOUT THE COVER

Photo taken while playing the game Fruit Choir by SSG Officers during the Year-end party.

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LOCATE PASAY CITY ACADEMY:

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LIE

by: aminamina

A girl who always look sad but claim she's fine,
A girl who pretends that she's okay while she's dying inside,
A girl who's willing to give her everything;
without expecting for something to return.

She tries to look beautiful even though she's not,
Not even "make-up" could make her beautiful,
Because real beauty comes from loving "yourself"
And that's something she can never do.

She always says, "yeah, I'm fine!"
But it's really a code for "no! I'm not okay"
"I feel like my world is crashing down"
And yet she's there, smiling.

She's just a girl,
Bitter, insecure, confused...
I'd tell her that things will be okay,
But I don't want to lie to her.



GOT POEMS, SHORT STORIES,
SONGS OR DRAWINGS?
SHARE IT WITH US.





LEREU

by: yangcrates

GHOST TOWN

by: yangcrates

She walks the empty streets, Of a town that's long since dead. The buildings are crumbling, And the signs hang by a thread.

She's the only one left, In a place that's lost its soul. She's a ghost among the ruins, In a town that's lost control.

The wind whispers through the streets, A mournful, lonely sound. It echoes through the emptiness, Without a soul around.

She longs for company, For someone to share her days with. But she's all alone, In this ghost town where she stays.

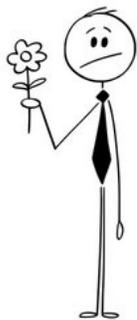
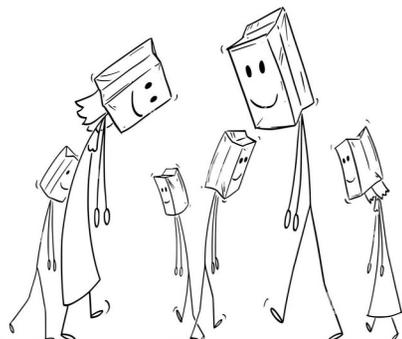
She dreams of a life, Somewhere beyond these walls. Where she can live and love, And not be alone at all.

He is the sun that warms my skin, A sight too beautiful to put in pen. The way his eyes sparkle and gleam, A love poem for him, I cannot seem. He is the moon that lights my night, A radiance that takes my breath in flight. The way his smile shines like the stars, A love poem for him, it falls apart.

He is the poetry that can't be spoken, A beauty that leaves my heart broken. His love is a song I can't compose, A love poem for him, that nobody knows.

He is the art that's hard to paint, The love I have for him, it can't be taint. But words can't express how much he means, He is the poem I cannot write, the love that's seen.

He is the poem himself, unspoken and beautiful, His love for me will always be readable. Words aren't enough to express his grace, The love for him will forever leave a trace.



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EDITORIAL

A Happy New Year To A Better You

Christiana Calinawan, G10

In all the experiences of luck and struggles, thank God we survived another year! The only resolution you need is to show yourself how much you have changed and become a better version of yourself. Remember the language of change: the root word is "evolve". We all evolve through time, growing in knowledge, wisdom, experience, and ultimately ourselves. It is not about changing someone else or making the world accept you, it is about accepting the mistakes of the past, making yourself aligned with principles, and finding your true self. Overcome yourself, be true to yourself, and don't let people put labels on you or others see you in a different light. Be yourself and live your best life because, at the end of the day, it's all about love, peace, and joy. I love this quote by Albert Einstein "Life is not measured by how much we have but by how little we use."

"Those who cannot change their minds cannot change anything." – Viktor Frankl. We all want to be happy and fulfilled, however, it's much easier said than done. While some tips are more obvious than others it is essential to recognize your own triggers and reasons for negative thought patterns — we don't need them to necessarily change but we can choose to improve on what they affect. So how do you go about improving yourself?

You are worthy of being loved, valued, and respected. You have a beautiful story to tell. You have been given gifts you didn't even know you had! We all have core beliefs that hold back our dreams, feelings of worthlessness, and low self-esteem. These core beliefs do not lead to success and happiness.

Set realistic goals and continue on your path. Loving yourself and valuing yourself more will allow you to achieve great things. Live a life that is good for yourself each day, every year.





Meet the CHRONICLES STAFF



Christiana Calinawan
Editor-in-chief
Hobbies & Interests:
Reading, writing and watching anime



Timothy Falcatan
Layout Editor
Hobbies & Interests:
Laying down on my bed all day



Alexa Hiramia
Layout Editor
Hobbies & Interests:
Taylor Swift & Slaying



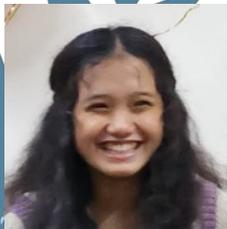
Elle Shanae Benas
News writer
Hobbies & Interests:
Reading and writing



Mary Alexandra Pauline D. Mortera
News writer
Hobbies & Interests:
Taylor Swift



Justine Kyle Diaz
News writer
Hobbies & Interests:
Taylor Swift



Sabina Deanisse Mosquito
Photographer
Hobbies & Interests:
Seventeen and listening to music



Lead Like Jesus: Church Leadership Training Camp

Justine Diaz , G10



The church officers of Pasay City Academy held its 1st leadership training camp last **December 9-11, 2022** at Matuod, Lian Batangas. The officers departed from Pasay City Academy at 5:45 in the



they did was to prepare the



materials that they would be using for the activities and the equipment for worship time. In the afternoon, they had a team-building activity. It filled them with triumph and a lot of realization that, without a team, you can't do it on your own. "Without Jesus, you can't do things on your own."

Guest speaker Pastor Jethro Carpen-tero, and his wife, Ma'am Tin Tin Ferriol Carpintero, sang a special song for the congregation during the Sabbath program. A fun and enjoyable social night was led by the AY De-



partment in the evening. We had Justine Diaz and Timothy Falcatan, both officers for AY department, as the hosts, and Came Agustin led a game where they lost all their energy because it was needed, but thankfully



hosted a game called "Trip to Jerusalem," which a lot of church officers enjoyed, and the teachers also laughed a lot with them.

The officers have learned a lot of things from this program. They have learned to lead like Jesus.



Transformed In Christ: A Week of Spiritual Emphasis

Jean Estrellado , G7

Alexandra Mortera, G9



November 14-19, 2022, the students of Pasay City Academy held its 1st week of spiritual emphasis via



face to face at Pasay Central Church and at Pasay City Academy- Multi-purpose Hall during the last day. This event happens every day at 8 o' clock in the morning with the theme: *Transformed In Christ.*

Pastor Jesame Von I. Trochin was the speaker and his talks were divided into two sessions every day. Here are some of the highlights of his sermon:

- *What matters the most is our relationship with our God. He taught us that communication and understanding is one of the main important things.*
- *“Does change never end?” It is not a once-in-a-lifetime experience. Change never ends, it happens slowly with practice.*

The students, faculty and staff learned a lot of valuable lessons from Pastor Jesame Von Tronchin’s presentation. During the last day, Pastor Tronchin was given a token of appreciation from the school’s chaplain and from the principal, Pastor Gilmar Chico and Ma’am Malabad respectively.

It was indeed a week of blessing!

NEWS

Transformed In Christ: Communion Service

Justine Diaz , G10



Pasay City Adventist Academy- Church celebrated God’s love and blessings through communion service during the last day of the week of prayer.

Communion is a chance to minister to both members and visitors as they are



encouraged to reflect on the enormous sacrifice Christ made in order to free humanity

from the deadly grip of sin. This is the time for everyone to understand that, despite the fact that our crimes may be as red as blood, the sacrifice of Christ, once we accept His pardon, will cause our sins to wilt away like snow, meaning that we have been pardoned.



After, the service testimonies of God’s guidance were shared by selected faculty and students.



Bill Anthony P. Delos Santos

News writer

Hobbies & Interests:
Watching Kdrama or K-pop



Ysabella La Madrid

News writer

Hobbies & Interests:
Playing chess and watching Kdrama



Jean Angela Estrellado

News writer

Hobbies & Interests:
Reading, playing and socializing with friends



Kirsten Sarah Nicole Desigano

Photographer

Hobbies & Interests:
Kpop and Taekwondo



Venice Jowayne Salud

Photographer

Hobbies & Interests:
Seventeen, Cooking and baking



Aicel Rebustes

Photographer

Hobbies & Interests:
Singing and listening to music



GET TO KNOW YOUR SSG OFFICERS



NAME: Icy Calinawan
GRADE: 10
POSITION: President
LIKES: Reading, writing, and doing nothing
DISLIKES: ampalaya



NAME: Justine Kyle Diaz
GRADE: 10
POSITION: Vice President Social
LIKES: Responsibilities, matcha, badminton, write poems/short stories
DISLIKES: doing nothing



NAME: Janelle Cuevas
GRADE: 10
POSITION: Secretary
LIKES/DISLIKES: Staying at home doing nothing



NAME: Joy Basco
GRADE: 10
POSITION: Asso. Secretary
LIKES/DISLIKES: Ice-cream/Banana



NAME: Harline Sarmiento
GRADE: 10
POSITION: Asso. Treasurer
LIKES: anime, reading, sleeping, iced coffee
DISLIKES: onions, deadlines, pressure



NAME: Bria Sulite
GRADE: 10
POSITION: P.T.O
LIKES: iced coffee, know-how books, jigsaw puzzles



NEWS STORY Care Group Festival: Let's Make Our Sabbath School Alive!



Icy Calinawan, G10

Throughout my life, as a Christian especially being born and raised in an Adventist community, I've never thought deeply about what the Sabbath school is or what the church meant. I used to think that attending the church is enough and just being there is enough so I looked forward to my life believing how can I improve myself as a Christian if I don't know what the church meant or how important the Sabbath school is. I was the one who approached the teachers for me to be part of this Sabbath school superintendent. After all, I was very interested because I want to know more about the church. I want to know more about my purpose as a Christian and as a leader.

Together with my classmates, *Bria Sulite*, *Joy Basco*, and *Cate Almeda*, and teachers, *Ma'am Geo*, *Ma'am Rose*, and *Pastor Chico* participated in a program called **Care Group Festival: Alive** which was held at **Central Luzon Adventist Academy from November 24-27, 2022**. We've learned that the **Sabbath school is the heart of the church and the Sabbath school lesson is the heart of the Sabbath school**. It is our mission to call all people and make them the disciples of Christ and prepare them for His second coming. In our church, when it comes to Sabbath school, only a few people are present, and chairs were outnumbering us. There would only be a lot of people during the Divine service. People would not likely attend the Sabbath school because, in their minds, it is less important. The Sabbath school is so dull and hardly any people. How can we make this Sabbath school alive?

The biggest challenge that we have in the church is that we lack **spiritual maturity**, and what that means is we lack purpose and discipline when it comes to being reverent in church. Sabbath school is just as important as Divine service because we are engaging and sharing our life with our care group, creating a good foundation for our personality and stability. The Sabbath School program is a cornerstone, building a heart of worship. The Seventh-Day Adventist Church starts with the Sabbath school and ends with an open house. It provides opportunities for children to learn about scripture, express their faith through craft or service projects, bonding with fellow church mates and come together as a family unit.

Overall, we had lots of fun and learnings during our entire stay at CLAA and even made new friends and great memories. On the last day of the festival, We all received a pin in remembrance of this program, which I think is a badge of honor. A very beneficial thing is that when we wear it every Sabbath in other churches, other people will recognize that we are the Sabbath school superintendents so receiving it makes us very empowered. Now that we gathered all this information and advice from this program, we can now share this wonderful knowledge with our church.

The Sabbath school will always be the foundation of the Adventists' well-being and we hope that all the Adventists would value and participate in the Sabbath School more. Let's make our Sabbath School ALIVE!





The Most Wonderful Time of the Year



Ysabella LaMadrid, G7

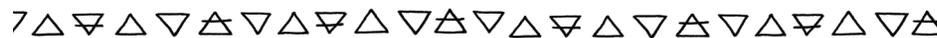
Sleigh bells rang as everyone listened to the festive echoes of the 2022 Christmas celebrations. After another tough year of news, the chronicles wanted to wrap up the year for students, along with how they celebrated the well-awaited holiday, with a fun feature.

Wrapping up the school year, **Archie Nicolas Q. La Madrid, a grade 10 student**, shared how Filipino traditions radiate overseas during the holidays as he celebrated at Los Angeles, California. **“It was AMAZING!!!”** He quoted, as he went shared his experience on boarding. He claimed it to be a super painful, yet fulfilling, experience. He has had the opportunity to spend time with all his cousins and relatives. He has confidently proved that the Filipino way of celebrating Christmas luminates despite being overseas.



Great times lived through another student, as **Ulric Cyrile Dones, a grade 7-Sinai**, had time to rest his brain from the activities the school year required. Time was of the essence as he had a good amount of time to do sing, tell stories, and of exchange gifts.

Christmas is a festival of joy. It is about sharing and helping others. On this day, people remember Jesus Christ and his lessons of life. The festival definitely teaches us to practice kindness and love toward each other and help those who have less than us.



NAME: **Came Agustin**
GRADE: **10**
POSITION: **Vice President Religious**
LIKES/DISLIKES: **Like ko matulog, dislike ko magising**

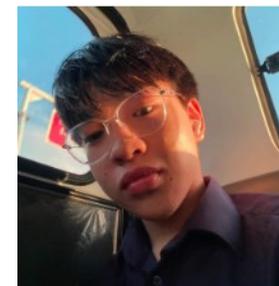


NAME: **Stacey Quintos**
GRADE: **10**
POSITION: **Treasurer**
LIKES: **Sleeping, kpop/kdrama, anime**
DISLIKES: **assignments, deadlines**



NAME: **Jenelle Manlangit**
GRADE: **10**
POSITION: **Auditor**
LIKES: **ice-cream, hugs, sleeping and spicy foods**
DISLIKES: **things or foods that smell and taste fishy**

“Great leaders inspire greatness in others”
Anonymous
Wednesday, Oct 31, 2023 10:49 pm



NAME: **Timothy Falcatan**
GRADE: **9**
POSITION: **Artist**
LIKES: **Food**
DISLIKES: **Bugs**



NAME: **Jian Delas-Alas**
GRADE: **10**
POSITION: **Artist**
LIKES: **games**



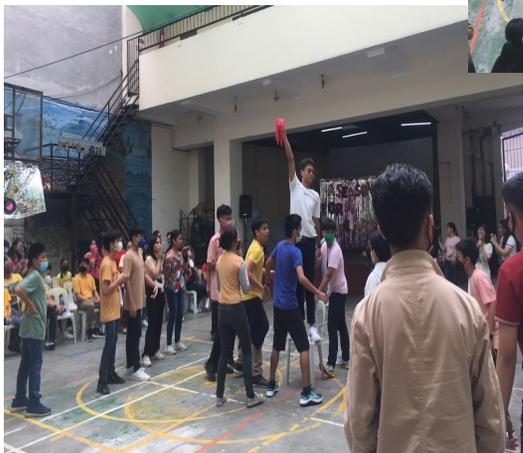


A Season For A Reason: PCA Yearend Party



Elle Shane Benas, G10

Pasay City Academy held its 1st year-end party after the Covid19 pandemic last **December 19, 2022** with the theme: **A Season for a Reason**. PCAians gathered at the school grounds at exactly 8 o' clock in the



morning wearing each batch's required T-shirt color. The students didn't forget to praise and ask God's guidance first, through a devotional, before proceeding with the program.

After the devotional, the Supreme Student Government (SSG) prepared some fun games to hype up the students— games like **Fruit Choir, Lava Walk, Balloon Wars, Pabitin (Hanging candy), and Agawan Panyo**.



Shortly after, the students participated in an activity called **Marching** that involved pairing up and marching around the school grounds to greet and interact with each other. Lastly, a short thanksgiving and dedication was given to



Kuya Ely for his 31 years of serving the school and its students. His efforts to welcome students were untiring. His consistent keenness, gallantry, and untiring energy have at all times set a magnificent example to all the students. Some selected students by batch were holding their tears as they gathered their thoughts for Kuya Ely.

After the program, the students went to their respective hom-

erooms and ended the year with a blast!

